

# CENTER FOR OCCUPATIONAL SAFETY & HEALTH (U) LTD

Occupational Health . Safety & Environmental Management Systems

## Company Profile

TRAINING . AUDITING . PPES . RISK ASSESSMENT . INSPECTIONS .  
OSH DOCUMENTATIONS . HAZARD ANALYSIS . POLICY FORMULATION .  
FIRE PREVENTION & MANY MORE.







## Who we are:

We are Occupational Health, Safety & Environment consultants that prepare, maintain, and protect safety and health standards within private and public companies and organizations in accordance with current legislation both local and international.

Training,  
Auditing,  
PPES,  
Risk assessment,  
Inspections,  
OSH documentations,  
Hazard analysis,  
Policy formulation,  
Fire prevention etc.

## Mission

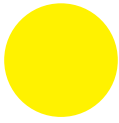
Our overarching mission is to partner with our clients to assist them to achieve their goals and objectives through the application of Sound Occupational Safety, Health and Environmental management systems.

## Vision

### **Our vision is to:**

Be the consultant of choice in the field of Occupational Safety, Health and Environment while providing a rewarding experience to our clients.





## Values

Our values identify how we conduct our business and operate as a company, as well as what we expect from our clients. COSH is a firm that expects:

- **Safety** as an integral part of our company culture, giving clients' employees the training to get their jobs done without injury.
- **Creativity** in developing solutions to occupational challenges encountered by our clients as well as in our internal processes.
- **Adaptability** to address and proactively embrace safety culture in workplaces to counter occupational hazards.
- **Performance** and technical excellence delivered to all assignments, both external and internal
- **Sustainability** in business practices integrated into our daily operations to contribute to a safe working environment.

## HSE Trainers

These have educated employees of our clients on how to recognize hazards in the workplace and preventive measures. They comprehensively evaluate work conditions and methods as well as materials used on the job. They offer training to project managers successfully accomplish their project assignments with zero injuries.

## Occupational Safety & Health Specialists

We have got internationally recognized specialists responsible for preventing, reducing, and eliminating harmful situations in the workplaces. These individuals whose services have been utilized by clients in construction, manufacturing and oil and Gas sectors have set up Workplace Health Safety Management Systems (WHSMS) in our clients' workplaces.



Figure 1 COSH Consultant measuring air quality and noise level at Kikagati Hydro Power Project



It's our belief that effective management of health, safety and environment within an organization addresses these important issues:

- Legal issue
- Financial issue
- Ethical and moral issues

The issues above are vital to employee well being, financially beneficial to business and crucial in enhancing the reputation of businesses and helping them achieve high performance in production.

## Occupational Safety & Health Manpower Staffing

Workplace safety professional manpower supply in East Africa is generally rare to find due to inadequate safety specialists to engage in identifying Safety officers for different employers. We pride ourselves in being the only specialists in this field in Uganda.

We are dedicated to recruiting EHS professionals for safety jobs in the country. We provide excellent safety manpower at all levels and in all sectors. We have enjoyed a great reputation of

... serving major multinational companies and government ministries to their satisfaction. Our clients in construction, oil and gas, energy, manufacturing, installations, education among others have tasted our professionalism in this field.

Our specialists execute desired functions with appropriate safety standards at all levels of EHS jobs in the organization.





## Our consultants have wealth of experience in;

- Analyzing contracts, safety plans and written procedures to verify relevance to work environment
- Recognizing health, safety and environment standards.
- Air permitting
- EHS Audits
- Interpreting complex regulations and codes and applying them to the job
- Sampling for environmental standards to employees and the general public
- Waste characterization/minimization

## Developing Worksite Safety Programs

We design a written workplace safety program (WWSP) that acts as your road map to safety. This provides with strategy for developing a management plan to address safety concerns in your company. It is important your workplace be as safe as you can possibly make it. The guide we provide you with helps to accomplish that goal.

A WWSP is a management approach for identifying, evaluating, analyzing and controlling workplace safety and health hazards. It includes developing systematic policies, procedures, and practices

fundamental to creating and maintaining a safe and healthy environment.

## Why Develop a WWSP

The implementation of WWSP is a proven and effective method for eliminating accidents and injuries among your employees. Controlling injuries can save your company money in workers' compensation costs, reduces employee time away from work and helps to improve productivity and morale.





## Risk Control Services

### Risk Know-How

Insuring against loss is smart. Preventing losses from ever happening is unquestionably smarter. Here at COSH we are well-equipped to help you work towards that goal.

Our experienced Risk Control Specialists are distinguished for their dynamic knowledge of regulations, employment issues, and current litigation and liability trends as well as the behavioral aspects of loss control and accident prevention.

More importantly, COSH risk control team has a unique ability to use inventive, participatory consultation techniques to help our clients protect their organizations from expected and unexpected sources of loss.

COSH offers several important Risk Control Service categories:

#### Safety and Compliance Audits

Identifying facility and procedural loss exposures is the first step toward mitigation. With a focus on Environmental Health & Safety issues, our consultants observe clients' premises and processes to determine whether they're fully compliant with regulatory mandates and "best practices" methods. We assist in setting priorities to optimize your short and long range strategies. And while we're taking a close look, we're also noting the things you're doing well.

#### Plan Review and Development

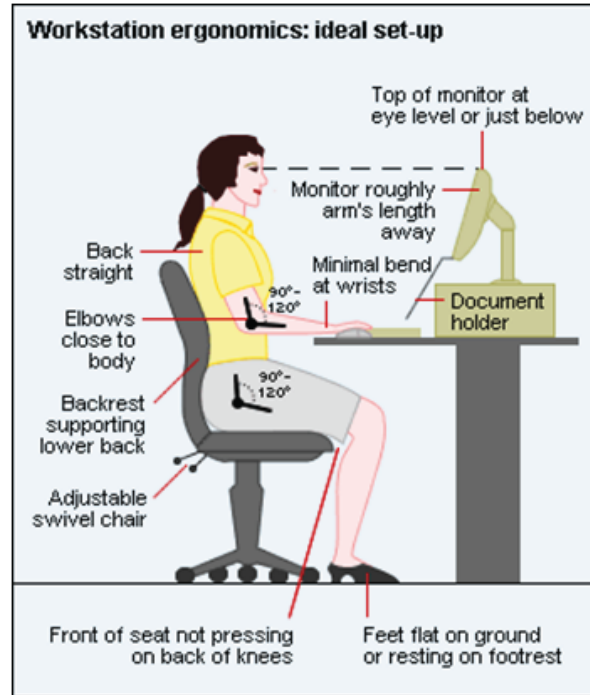
Unique operations require unique programs. We take the time to understand your necessary activities and ultimate objectives. Whether you are interested in a comprehensive safety policy or specific areas such as disaster preparedness, chemical inventory or fleet safety, we will ensure that you have a program that fits. More importantly, it will be communicated in a way that promotes employee understanding and that can be readily adopted by your management team.



## Training Programs

Another indispensable tool in an effective risk control program is the training provided to your managers and employees. We offer customized, memorable and effective training programs covering specific industries and issues. Our concise and enjoyable format encourages the retention and use of the information conveyed. Using our extensive knowledge and experience, we can design an instructional event tailored to fit the culture of your organization.

COSH is flexible and highly informative training sessions are conducted by skilled presenters who include interactive and multimedia components. Through these very popular learning opportunities, your employees learn to effectively reduce the likelihood and occurrence of accidents and losses. They even have fun doing it.



**Figure 1** office safety an ignored killer



**“IT’S OK TO HAVE ALL YOUR EGGS IN ONE BASKET AS LONG AS YOU CONTROL WHAT HAPPENS TO THAT BASKET”**





## Some of our clients

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Uganda National Roads Authority

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Songmei Engineering

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Engineers Without Borders

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Kikagati Power Company

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National Water and Sewerage Corporation

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UMEME

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Total E & P

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Tullow Oil

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Mavek Cleaning Services

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Uganda Police

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Olam Group

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Roofing U Ltd

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Steel and Tube U Ltd

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Tembo Steel U Ltd

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Gilal Construction Ltd

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Roko Construction

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ARPE

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Consolidated Contractors

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AECOM

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Coca Cola

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Uganda Investment Authority

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Among Others

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## Profiles of our Consultants



### Miss. Atwine Hope

**I am a Quality, Health and Safety and Environment (QHSE), Trainer and Consultant. I have experience and knowledge in implementing Quality management system ISO 9001:2015 and Quality tools, Environmental Management System ISO 14001:2015, Occupational Health and safety ISO 45001:2018, Food Safety Management System ISO 22000:2005**

I have worked for Rwanda Standards Board, where I held the position of Quality and Environment Management System Officer. I trained in Auditing managing system and I have audited over 25 companies implementing management systems. I am a lead auditor in Quality Management system and Food safety management systems

I hold a Bachelors' degree in Environmental Engineering and Management from Kyambogo University (2011)

Lead auditor course Quality Management System ISO 9001:2015

Lead Auditor course Food safety Management System 22000:2005

Train the trainer Environmental Management System ISO 14001:2015

Occupational Safety and Health

Train the Trainer



### Mr. Maniriho Didan

**He is qualified Health, Safety and Environment Practitioner with 9 years of practical experience.** Holds BA Social Sciences (MUK), International diploma in Occupational Health and Safety (NEBOSH UK) and several certificates in Fire Safety and First Aid.



### Mr. Wafula Robert

**Holds Msc in Health, Safety and Risk Management from Robert Gordon University Aberdeen (UK), NEBOSH International Diploma in Occupational Health and Safety (UK) and IRCA OSH Management Systems Auditor Certificate.** He commands over 10 years of Experience as a Trainer in Occupational Health and Safety in the Middle East.





## Mr.Katushabe Sergius

**Sergius is a Health Safety and Environment (HSE) professional and training Consultant with vast experience in teaching, training and assessing learning programs particularly Health Safety and Environment, ISO & Total Quality Management now working with the Center for Occupational Safety and Health (COSH) as a senior Consultant and Trainer.**

His breadth of experience spans various industries that include Oil and Gas, Manufacturing and Construction.

He holds a Bachelor's degree in Environmental Management from Makerere University Kampala (MUK-2011) Uganda, an Advanced Certificate in Petroleum Technology from Stavanger Offshore TekniskeSkole (SOTS-2011) Norway and a Diploma in Environmental Management from Galilee International Management Institute (GIMI-2012) Israel.

He is certified Oil and Gas Safety and Health Professional (Oil and Gas Safety Manager, Supervisor, Specialist and Trainer of Trainees) by the Occupational Safety and Health Academy (2016), USA.

**Other Qualifications** and Certifications he holds include the following but are not limited to;

Basic and Advanced First Aid Level 1,2 and Advanced First Aid Training by City Ambulance Uganda (October 2017) & Occupational First Aid Training by Ambulance Africa Ltd (March 2017).

Total Quality Management and ISO 9001:2015/22000/27000 & Six Sigma awarded by the National Institute of Micro Small and Medium Enterprises (NIMSME-2017), Hyderabad-India.



## Mr. Nahabwe Andrew

**Andrew Nahabwe is certified occupational Health and Safety Specialist, Certified OSH Train-theTrainer having finished all professional courses at OSHAcademy Safety Institute, Oregon USA. NEBOSH IGC and IOSH Certified,**

He has over 10 years of experience with a specialization in Occupational Health and Safety Management, Regulatory Compliance, Risk Assessments, risk control and safety auditing. He has given Solution Consulting to various Chemical, Oil and Gas, construction, Railway and manufacturing companies for their Health & Safety and Compliance Requirements in Abu Dhabi, Nigeria, Rwanda, Burundi, United Arab Emirates and Uganda. He also has Bachelor's Degree in Social Sciences from Makerere University





Pictorial



# Pictorial





## SOCIAL MEDIA PLATFORMS

### Google Plus

Link: <https://plus.google.com/u/0/103080854614855056412>

**coshuganda@gmail.com**

### Twitter

Link: <https://twitter.com/COSHUGANDA>

**@COSHUGANDA**

### LinkedIn

Link: [www.linkedin.com/in/coshug](http://www.linkedin.com/in/coshug)

### Facebook

Center for Occupational safety and health

### Youtube:

<https://www.youtube.com/channel/UCIZkv0qhMOshkChRZa6T8Tg>



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